



Parent & Carer Code of Conduct

We recognise that parents and carers play a big part in their children's participation at Rugby Gymnastics Club (RGC). We welcome your involvement within RGC and ask that you fulfil your responsibilities as a parent / carer of an RGC member.

Please see below what is expected from parents / Carers of RGC gymnasts:

- You must ensure that all fees are paid by standing order on the 1st of the month and registration forms are completed before the first session.
- British Gymnastics membership is condition of our member's participation in sessions. Membership must be bought directly through British Gymnastics when your gymnast starts with RGC and every year thereafter in October at the start of British Gymnastics membership year.
- If your gymnast is invited to attend a competition, any requested competition fees must be paid promptly. Entries will only be processed once entry fees have been paid.
- If a gymnast is injured outside of their gymnastics session (e.g. school or home) then fee payments will still be required to keep the gymnast's space.
If an injury occurs during a gymnastics session, or during a competition representing Rugby Gymnastics Club, and as a result they are unable to attend, we will hold their place without fee payments, until fit to return. However, we must be notified immediately and be contacted with a return date.
- Gymnasts should arrive at least 5 minutes before to the start of their session to prepare for a prompt start time. This includes PlayGym and Pre-School classes. If gymnasts are persistently late then they may be unable to join in with their class. This is at the discretion of the Head Coach of your gymnast's discipline.
- Appropriate attire should be worn by gymnasts e.g. leotards/shorts/leggings/T-shirt. All clothing should be active wear and should not have any zips or buttons.
RGC kit items are regularly sold if you would like branded attire and your coach will advise if any extra kit items are required.
- Participant's hair must be tied back and should not hang below the gymnast's shoulders. It is the parent / carer's responsibility to provide hair ties and ensure that the gymnast's hair is ready at the start of their session.
- Jewellery must NOT be worn. When piercings are new and cannot be removed, participants must provide their own tape to cover the piercings until they can be removed. It is the parent / carer's responsibility to ensure that piercings are removed / covered at the start of the session.
- Please ensure that gymnast's do not bring valuables to the gym. Any valuables brought into /left at RGC are participants responsibility and left at your own risk. RGC cannot be held responsible for any loss or damage of valuable items.



RUGBY GYMNASTICS CLUB

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- Parents/guardians should be aware of our Behaviour Policy and encourage their children to learn the rules and to participate within them.
- Gymnasts should be collected promptly at the end of the session.
- Gymnasts of secondary school age can leave the gym independently only if their parent / guardian has completed the appropriate form which may be requested from the office.
- Parents/carers should not enter the gym, beyond the waiting areas unless invited by an RGC staff member.
- Parents / Carers must endeavour to establish good communications with the club, coaches and officials. We will use our Facebook and Instagram pages as well as notice boards at the gym to regularly communicate news items and club updates. Additionally, our website also contains important club information and policies.
- If you have any concerns about your child within our gym, then please address these with us immediately.
- Photography and filming our classes are NOT PERMITTED. If you wish to photograph your child, then please speak to a coach who can arrange this at the end of the session.
- Please set a positive example while on RGC premises. We do not tolerate the use of inappropriate or aggressive language, gestures or violence. We reserve the right to terminate a gymnast's membership if this is not adhered to.
- Smoking is NOT permitted in the RGC building or anywhere on the premises, including our carpark and driveway.
- If you have any issues or concerns, please contact:
 - In the first instance, your session coach or head coach
 - Alternatively, you can contact Anna Dawson (Director of Coaching) anna@rugbygymnasticsclub.co.uk
 - In instances where your concerns are related to child welfare, please contact Rachael Siggers (Welfare Officer) welfare@rugbygymnasticsclub.co.uk or 01788 542617.